Post Traumatic Stress Disorder in Children and Adolescents

Post-traumatic stress disorder (PTSD) is a mental health condition that can develop after experiencing or witnessing a traumatic event. PTSD can be triggered by events that are very stressful or terrifying. This can include things like war, serious accidents, or natural disasters. For children and adolescents, PTSD can be caused by experiences such as abuse, neglect, or witnessing violence.

Symptoms of PTSD can include:
- Flashbacks or nightmares about the traumatic event
- Feeling numb or detached from others
- Avoiding reminders of the traumatic event
- Experiencing intense negative emotions when exposed to reminders
- Feeling oversensitive or easily startled

PTSD can have serious effects on a person's ability to function in daily life. It can also increase the risk of other health problems, such as depression and anxiety.

Treatment for PTSD involves a combination of medication and therapy. Medication, such as antidepressants, can help manage the symptoms. Therapy options include:
- Cognitive-behavioral therapy (CBT): This helps you change the way you think and react to the trauma.
- Eye Movement Desensitization and Reprocessing (EMDR): This therapy uses eye movements to help you process the trauma.
- Trauma-focused cognitive behavior therapy (TF-CBT): This is a specific kind of CBT designed for children.

Support groups and self-help resources can also be helpful. It's important for families and caregivers to be involved in the treatment process.

Remember, the symptoms of PTSD can change over time. With the right treatments, people can recover from PTSD.

If you or someone you know is experiencing PTSD, it's important to seek help. Your doctor or a mental health professional can provide more information and guide you to appropriate resources.
Traumatic Stress-Based A. van der Kolk 2012-03-13 This bestselling classic presents seminal theory and research on post-traumatic stress disorder (PTSD). Together, the leading editors and contributors comprehensively examine how trauma affects an individual's biology, perceptions of the world, and psychological functioning. Key topics include why certain people cope successfully with traumatic experiences while others do not, the neurobiological processes underlying PTSD symptomatology, enduring questions surrounding traumatic memories and dissociation, and the current components of effective treatment. A highly influential work in its field for many of the field's continuing advances, this volume remains an immensely informative and thought-provoking clinical reference and text. The preface to the 2007 paperback edition situates the book within the context of contemporary research developments.

Evidence-Based Treatments for Trauma Related Disorders in Children and Adolescents-Markus A. Landoll 2017-02-13 This handbook presents the current evidence-based psychological treatments for trauma related disorders in childhood and adolescence and in addition provides clearly structured, up-to-date information on the basic principles of traumatic stress research and practice in that age group, covering epidemiology, developmental issues, pathogenic models, diagnostics, and assessment. Each of the chapters on treatment, which form the core of the book, begins with a summary of the theoretical underpinnings of the approach, followed by a case presentation illustrating the treatment protocol by session, an analysis of special challenges typically encountered in implementing this treatment, and an overview of the current evidence base for the treatment approach. A special section considers modern treatments in particular settings, such as schools, hospitals, and juvenile justice systems, and the concluding chapters provide an integrative discussion on how to treat traumatized children and adolescents and an outlook. The book will be invaluable for clinical child and adolescent psychologists, child and adolescent psychiatrists, psychotherapists, and other mental health professionals working with traumatized children and adolescents.

Posttraumatic Stress Disorder in Children-Betty Pfeifferbaum 1997

They’ll Never Be the Same-Michael S. Scheeringa 2018-04-17 A compassionate and accessible guide for parents whose children have experienced traumatic or life-threatening events written by one of the foremost authorities on post-traumatic stress disorder (PTSD) in children and adolescents. Dr. Scheeringa understands the desperation many parents feel and explains the impact of trauma, simplifies the science into layman’s terms, debunks the myths, and provides direction on navigating the confusing maze of the mental health world to find appropriate care.

Real Love-Greg Baer 2004-06-19 “He rocked my foundation! Greg Baer touched me deeply. He’s got the answer to the love and intimacy questions that trouble us all.”-Tony Esperanza, M.D. America Why do we struggle with finding and keeping happy relationships but rarely find them? What is the “secret” something that all relationships need in order to thrive? Dr. Greg Baer found the answers to these questions while working with thousands of individuals and couples. In Real Love, he shares his enlightening and practical blueprint for creating successful relationships and reveals the secret to finding and keeping what he calls “Real Love.” In Real Love, you’ll discover: The difference between Imitation Love and Real Love - How to eliminate conflicts with spouses, parents, friends and colleagues - How to put an end to destructive “Getting” and “Protecting” behaviors - How Real Love can eliminate anger, resentment, and fear - The four steps to finding Real Love With Real Love as your guide you can begin to heal the wounds of your past and create rewarding and fulfilling relationships in every area of your life.

PTSD Research Quarterly- 1992

Anxiety Disorders Interview Schedule-Wendy K. Silverman 1996 not for sale separately

Understanding Trauma-Laurence J. Kirmayer 2007-01-15 This book analyzes the individual and collective experience of and response to trauma from a wide range of perspectives including basic neuroscience, clinical science, and cultural anthropology. Each perspective presents critical and creative challenges to the other. The first section reviews the effects of early life stress on the development of neural systems and vulnerability to persistent effects of trauma. The second section of the book reviews a wide range of clinical approaches to the treatment of the effects of trauma. The final section of the book presents cultural analyses of personal, social, and political responses to massive trauma and genocidal events in a variety of societies. This work goes beyond the neurobiological models of conditioned fear and clinical syndrome of post-traumatic stress disorder to examine how massive traumatic events affect the whole fabric of a society, calling forth collective responses of resilience, resistance, and political involvement.

Treating PTSD in Prenchocers-Michael S. Scheeringa 2015-10-22 Adapting cognitive-behavioral therapy (CBT) to meet the needs of 5- to 6-year-olds with posttraumatic stress disorder (PTSD), this book provides an evidence-based framework for assessment and treatment. Step-by-step instructions are provided for conducting graduated exposure in a safe, developmentally appropriate fashion. Case examples and sample dialogues illustrate how to implement each component of therapy, engage both children and parents, and motivate them to complete treatment successfully. The treatment is suitable for children exposed to any type of trauma. In a large-scale format for easy photocopying, the book contains dozens of reproducible handouts and forms. Purchasers get access to a Web page where they can download and print the reproducable materials.

Trauma and Posttraumatic Stress Disorder-Evelyn Bruen 2018-08-09 The first systematic analysis of the rates, risk factors, consequences and global burden of trauma and PTSD across the globe.

International Handbook of Traumatic Stress Syndromes-John P. Wilson 2013-06-28 Over 100 researchers from 16 countries contribute to the first comprehensive handbook on post-traumatic stress disorder. Eight major sections present information on assessment, measurement, and research protocols for trauma related to war, veterans, victims of torture, children, and the aged. Clinicians and researchers will find it an indispensable reference, touching on such disciplines as psychiatry, psychology, social work, counseling, sociology, neurophysiology, and political science.

Trauma in the Lives of Children-Kendall Johnson 1998 This is an invaluable source for educating professionals and families about helping children regain security in times of trauma. Using a solutions-based interdisciplinary approach, this illustrated book explains how children react to specific types of trauma and how to work with a traumatized child. The nationwide movement toward School Crisis Response Teams, the DSM-IV’s new category for post-traumatic stress, and the use of EMDR for treatment are covered.

Posttraumatic Stress Disorder in Children-William Yule 1992

Post-traumatic Stress Disorder-David J. Nutt 2000-07-17 Post Traumatic Stress Disorder can be one of the most disabling of all the anxiety disorders and is frequently misdiagnosed and ineffectively treated. It is also an area in which there have been recent major advances This book sets out to solve this problem, presenting doctors with practical guidance and at the same time a state-of-the-art summary of all the latest developments

Posttraumatic Stress Disorder-Chris R. Brown 2007-01-01 Building on this analysis, Brown provides valuable information on who will be vulnerable to traumatic stress, how to tell whether someone is likely to be suffering from PTSD, why some interventions work and others are ineffective and what could and should be done to help survivors. *Jacket*

Introduction to Abnormal Child and Adolescent Psychology-Robert Weiss 2017-02-01 Robert Weiss’ third edition of Introduction to Abnormal and Developmental Psychology adopts a developmental psychopathology approach to understanding child disorders. Using case studies, this perspective examines the emergence of disorders over time, pays special attention to risk and protective factors that influence developmental processes and trajectories, and examines child psychopathology in the context of normal development. Designed to be flexible via its focused modular organization, the text reflects the latest changes to the DSM-5 (2013) and is updated with new research and developments in the field.

The Human Stain-Philip Roth 2000-05-15 It is 1988, the year in which America is shipped into a frenzy of prurience by the impeachment of a president, and in a small New England town, an aging classics professor, Coleman Silk, is forced to retire when his colleagues decree that he is a racist. The charge is a lie, but the real truth about Silk would have astonishe